

Guitar/Percussion Warmups

2

4/4

R R R R R R R R R L R L R L R L R R R R
L L L L L L L L L R L R L R L R L L L L

T
A
B

0 1 2 3 4 3 2 1 0 1 2 3 4 3 2 1 0 0 0 0

3

4

R R R R R R R R R L R L R L R L R R R R
L L L L L L L L L R L R L R L R L L L L

T
A
B

0 1 0 2 0 3 0 4 0 4 0 3 0 2 0 1

5

6

R L R R L R L L R L R R L R L L R R R R
L R L L R L R R L L L L

T
A
B

5 6 7 8 5 6 7 8 5 8 7 6 5 8 7 6

7

R L R R R R
L R L L L L

R R L L R R R R
L L R R L L L L

T
A
B

5 6 7 8 8 7 6 5 5 7 6 8 7 5 8 6

9

10

R L R R R R
L R L L L L

R L R L R L R L R R R R
L R L R L R L R L L L L

T
A
B

5 6 7 6 7 8 7 6 5 6 7 8 7 8 7 6